



دليل خدمات التوجيه والإرشاد الطلابي

وكالة الجامعة للشؤون التعليمية

Introduction:

This guide aims to provide a comprehensive overview of the student guidance and counseling services available at Najran University, designed to help students make the most of their university experience. The guide reflects the university's commitment to providing comprehensive support to students, focusing on enhancing academic, professional, psychological, and social aspects through a range of programs and initiatives tailored to meet their needs.

The guide includes detailed information about the administrative structure of the Student Guidance and Counseling Department, the goals it aims to achieve through its services, and the programs that cover a wide range of topics relevant to students at various stages of their studies. The guide also provides instructions on how to use *Arshidni*, a platform which allows students to access a variety of consultations with flexibility and complete confidentiality.

By presenting the procedures for advising in its various fields, outlining coordination mechanisms with colleges, and emphasizing continuous evaluation to improve services, this guide serves as a reference tool to help students and advisors understand the nature of the services offered and how to access them.

The guide also highlights community partnerships and the role of scientific research in developing and updating counseling programs, thereby contributing to enhancing students' quality of life and empowering them to face academic and personal challenges. Readers will also learn about the communication channels available, awareness initiatives, as well as a brief overview of the challenges and the future vision the department aims to achieve.

This guide provides all the necessary information and resources a student needs to be familiar with the available services and serves as a comprehensive reference for guidance counselors to enhance their ability to offer the necessary support to students, ensuring a rich and rewarding university experience.

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Overview of Student Guidance and Counseling Department

The Student Guidance and Counseling Department at Najran University is a specialized department, which aims to support and help students achieve academic success and personal adjustment within the university environment. The department aims to provide comprehensive counseling services that cover academic, professional, psychological, and social aspects, with the aim of improving the quality of students' university life, enhancing their skills, and developing their abilities to overcome challenges.

The department was established as part of Najran University's vision to provide an outstanding educational experience that aligns with the programs of Saudi Arabia's Vision 2030, which focuses on improving the quality of life for individuals and enhancing their capabilities. Since its inception, the department has played a pivotal role in guiding students toward achieving their academic and personal goals through a range of programs and initiatives which aims to build a balanced and sustainable personality for the students.

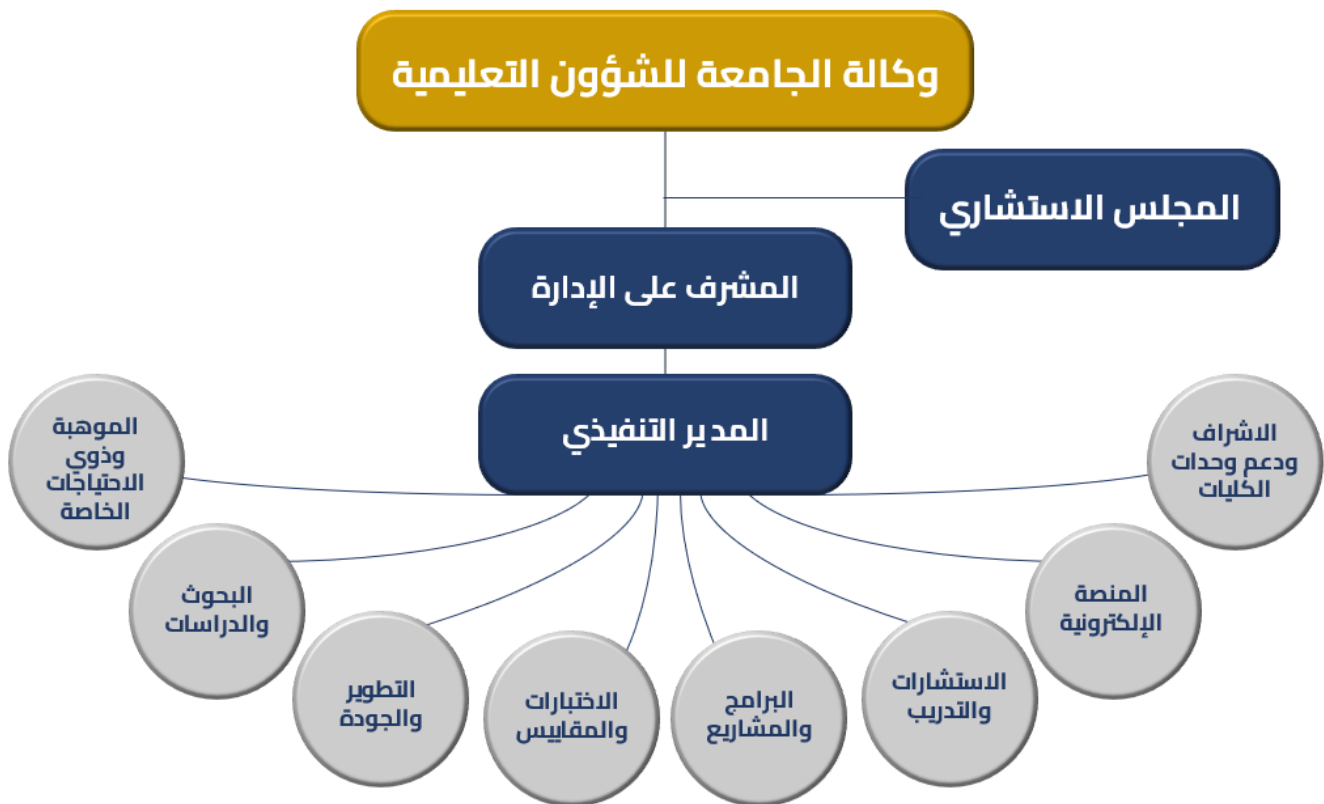
The department aims to provide a comprehensive support environment that allows students to benefit from tailored counseling programs, including:

1. **Academic Counseling:** To assist students in improving their academic performance and planning for their academic future.
2. **Career Counseling:** To equip students with the necessary skills for the job market and guide them in choosing the appropriate career path.
3. **Psychological Counseling:** To support students' mental health and provide counseling that helps them cope with psychological pressures.
4. **Social Counseling:** To enhance communication and social interaction skills, and support them in building healthy relationships.

Through building partnerships with the local community and academic institutions, and developing research-based counseling programs, the department aims to provide a comprehensive educational environment that supports students' personal growth and academic success, thereby enhancing the university's role as a key pillar in building an outstanding student community, well-equipped to overcome the challenges of the future.

Organizational Structure: ☐

● الهيكل التنظيمي لإدارة التوجيه والإرشاد الطلابي:



The objectives of the Student Guidance and Counseling Department at Najran University include:

- 1. To develop students' skills to promote Islamic values and reinforce national identity**
 1. The department is committed to supporting cultural and social values that preserve national identity and promote Islamic principles, thereby contributing to the development of a conscious generation committed to the values of their community.
- 2. Self-and-Talent development:**
 1. The department aims to help students discover and develop their abilities and talents, thereby enabling them to achieve excellence and leadership, and enhancing their active contribution to society and the nation.
- 3. To provide comprehensive care that meets developmental, preventive, and therapeutic needs:**
 1. The department offers a variety of services, including academic, psychological, and social counseling, with the aim of meeting students' needs at different levels to ensure their personal and psychological development.
- 4. To provide a supportive university environment for education and learning:**
 1. The department contributes to creating a stimulating educational environment that supports students at all stages of their studies, providing them with the academic and psychological support necessary to achieve academic success.
- 5. To prepare students to adapt to public life, academic settings, and the workplace:**
 1. The department helps students develop the personal and social skills necessary to adapt to the requirements of university and workplace life, thereby enhancing their academic experience and preparing them for the future.

6. To supervise counseling units in the faculties and provide support and guidance
 1. The department is committed to support the academic counseling units in the faculties and provide the guidance to counselors necessary to ensure the delivery of comprehensive and consistent counseling services to students.
7. **To reinvigorate research and community partnerships:**
 1. The department participates in building partnerships with research and community institutions to provide outstanding counseling services, thereby enhancing the effectiveness of its programs and contributing to the development of best counseling practices.

These objectives contribute to providing comprehensive support for students, helping them develop their abilities, achieve a balance between academic and personal aspects, and enhance their abilities for effective interaction with their environment and community.

Guidance Procedures at Najran University

The Student Counseling and Guidance Department at Najran University is committed to provide a supportive and inclusive environment for students, contributing to the enhancement of their academic and personal experiences. The department provides a variety of services, including academic, career, psychological, and social counseling, while adopting specific procedures to ensure the quality of support offered. Continuous coordination is

maintained with the colleges to achieve the best results and provide comprehensive support to students.

First: Academic Counseling

Procedures

1. Identifying Academic Needs:

1. **Evaluation Surveys:** Evaluation surveys are distributed to students to identify their academic needs and assist them in determining their strengths and weaknesses.
2. **Individual Sessions** Counselors hold individual sessions with students to discuss their challenges and academic goals, helping guide them toward the appropriate resources.

2. Developing Curriculum

1. **Designing Curriculum** It helps students design curriculum plans that suit their majors, aiming to achieve a balance between academic requirements and their future goals.
2. **Coordinating with colleges:** The department collaborates with the colleges to coordinate academic programs in alignment with the university's policies and the needs of various disciplines.

3. Offering Training Workshops

1. **Organizing Events** Workshops are held to teach students study skills, such as effective time management and exam preparation strategies.
2. **Providing Educational Resources:** Educational materials such as worksheets and study guides are provided to support students in enhancing their academic skills.

4. Follow-up and Evaluation

1. **Regular Follow-up Sessions** Follow-up sessions are held to review students' progress and provide appropriate guidance based on their performance.
 2. **Academic Performance Evaluation:** Academic performance reports are used to provide personalized advice that helps students achieve their goals.
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Second: Career Counseling

Procedures

1. Assessing Skills and Interests:

1. **Using Assessment Tools:** Professional assessment tools provide students with the opportunity to identify their interests and skills, helping them determine their career paths.
2. **Counseling Sessions:** Counselors conduct individual sessions with students to discuss assessment results and provide appropriate career guidance.

2. Developing the Skills Required for the Job Market:

1. **Organizing Workshops:** The workshops cover topics such as resume writing, interview preparation, and communication skills in the workplace.
2. **Conducting Mock Interviews:** Mock interview sessions are organized to help students improve their performance and boost their confidence.

3. Planning Future Career:

1. **Guiding Students:** Counselors are committed to help students develop career plans based on their skills and interests and guide them toward suitable opportunities.

2. **Providing Internship Opportunities:** Information is provided about available internship programs, which help students gain experience before graduation.
4. **Building a Network of Professional Relationships:**
 1. **Organizing Networking Events:** Events are organized to help students build relationships with university alumni and employers.
 2. **Guidance in Building Professional Relationships:** Students are provided with advice on how to build a strong and effective professional network.

Third: Psychological Counseling

Procedures

1. **Providing Individual Psychological Support:**
 1. **Counseling Sessions:** Individual sessions are held with students who are experiencing psychological issues or stress, where counselors provide support based on each student's needs.
 2. **Assessing Psychological Needs:** Specialized surveys and assessments are used to determine the level of psychological support required for each case.
2. **Group Counseling:**

1. **Organizing Group Support Sessions:** Group sessions are held where students facing similar issues can exchange support and experiences which enhances their social interaction.
 2. **Providing Workshops:** The workshops include strategies for stress management and effective ways to cope with psychological pressures.
 3. **Guidance on Risky Behaviors:**
 1. **Providing Counseling:** Counselors provide advice on how to address risky behaviors such as smoking or excessive consumption of harmful substances.
 2. **Organizing Awareness Sessions:** Awareness sessions are held to raise awareness about the importance of mental health and the risks of engaging in risky behaviors.
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Fourth: Social Counseling

Procedures

1. **Enhancing Communication Skills:**

1. **Workshops:** Workshops are organized that focus on developing social communication skills, thereby helping students build healthy relationships and manage conflicts.
 2. **Group Activities:** Group activities are organized to provide students with opportunities to participate and engage socially in a supportive environment.
 2. **Support in Adapting to the University Life:**
 1. **Guiding New Students:** Orientation sessions are offered to new students to guide them on how to adapt to the university life.
 2. **Organizing Orientation Tours:** Tours include visits around the campus to introduce students to the facilities and services available to them.
 3. **Promoting Social Values:**
 1. **Awareness Sessions:** Awareness sessions are held on the values of tolerance, cooperation, and mutual respect, which contribute to the development of social relationships.
 2. **Community Development:** The department encourages students to participate in activities that promote the values of coexistence and community cooperation.
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Arshidni Platform

"Arshidni" platform is a comprehensive electronic platform provided by Najran University as part of its efforts to support students in various aspects of their academic and personal lives. The platform allows students to access a variety of consultations in different fields, while maintaining confidentiality and privacy. This makes it a valuable tool for students seeking specialized assistance with flexibility and complete confidentiality.

Objectives of Arshidni Platform

- **Providing Comprehensive Consultations:** "Arshidni" offers consultations in various fields, including education, mental health, social support, public health, law, and technology, helping students receive the assistance they need in every aspect of their lives.
- **Enhancing Self-Guidance:** It enables students to seek help based on their specific needs, whether they are facing challenges or looking to develop new skills.
- **Encouraging Self-Expression:** The platform provides a safe environment for freely expressing emotions and thoughts, helping students talk about their experiences and think of possible solutions to their problems.

- **Providing Instant Access to Specialized Experts:** It enables students to communicate with specialists in various fields remotely, saving time and effort, while providing timely guidance.

Fields of Consultations Available Through the Platform

- **Educational Counseling:**
 - The platform offers educational consultations to help students improve their academic skills, plan their study paths, and achieve a balance between their studies and personal life. Educational consultations also include advice on time management, study strategies, and exam preparation.
- **Psychological Consultations:**
 - "Arshidni" offers psychological consultations to help students cope with academic pressures, anxiety, depression, and other psychological challenges. Students can benefit from specialized guidance that helps them understand their emotions,

learn coping strategies for psychological stress, and achieve emotional balance.

- **Social Consultations:**

- The platform helps students develop communication skills, adapt to the university life, and handle social challenges. Students can discuss any issues related to personal relationships or social challenges and receive guidance to enhance their social skills.

- **Health Consultations:**

- Health consultations are provided to help students understand health issues and maintain a healthy lifestyle. The platform allows students to speak with specialists in public health to receive advice on proper nutrition, exercise, and general health care.

- **Legal Consultations:**

- "Arshidni" allows students to receive legal advice on matters that may concern them, such as residency issues, student rights, and various legal obligations. These consultations are provided

by experienced legal experts to help students understand their rights and legal obligations.

- **Technical Consultations:**

- The platform offers technical consultations to help students use digital tools efficiently, explore new applications, and solve technical issues they may encounter in their studies or daily life.

Advantages of Arshidni (guide me) Platform

1. Privacy and Confidentiality:

1. Privacy is a top priority for Arshidni Platform, where consultations are provided anonymously, ensuring a safe environment for students to express their concerns freely and without worry.

2. Ease of Communication:

1. The platform allows students to communicate with advisors at times that are convenient for them, providing comfort and flexibility that suit their academic and personal schedules.

3. Interaction with Various Specialised Advisors:

1. The platform includes a team of advisors specialized in various fields, allowing students to benefit from diverse expertise that meets their different needs.

4. Remote Access:

1. Students can access "Arshidni" services from anywhere, making it easier for them to receive the necessary support without the need to visit the campus. This option is ideal for students who prefer remote consultations.

How to Access Arshidni Platform Services

1. **Online Registration:**
 1. Students can access the platform through the university's online portal and register using their academic credentials, allowing them to access a variety of consultations in different fields.
2. **Choosing the Type of Consultation:**

1. After registering, students can choose the type of consultation they prefer and select a suitable appointment to communicate with the specialised advisor.
3. **Receiving Consultation:**
 1. Contacting the advisors is carried out via video calls, phone calls, or email, based on the student's preference.

The "Arshidni" platform represents a modern model of guidance and counseling services and is part of Najran University's commitment to enhancing comprehensive student support. It contributes to the development of their academic and personal experiences, providing them with the opportunity to access the professional and specialized consultations they need for growth and success

Training and Skills Development

The Student Guidance and Counseling Department at Najran University is committed to providing advanced training programs aimed at enhancing the skills of academic, psychological, and career advisors, in addition to equipping students with practical skills that contribute to achieving their academic, professional, and personal goals. The training programs cover various areas and target both advisors and students to ensure the provision of high-quality counseling services.

Objectives of the Training Program

1. Improving the Quality of Counseling:

1. The programs aim to develop the skills of advisors in academic, psychological, career, and social counseling, contributing to the provision of specialized and advanced support for students.

2. Enhancing Students' Personal Skills:

1. Training programs are designed to help students develop their personal skills, such as communication and time management, which enhance their ability to succeed in university life and beyond.

3. Enhancing the Professional Competence of Advisors:

1. The training programs focus on empowering advisors to utilize the latest counseling methods and psychological and professional

assessment techniques, aligning with the current and future needs of students.

4. **Developing Students' Abilities to Adapt to the Job Market:**

1. Specialized workshops in professional skills provide hands-on training in résumé writing, interview preparation, and building a professional network.

Types of Training Programs

1. **Workshops for Academic Advisors:**

1. Specialized workshops are organized covering topics such as modern counseling techniques, the use of psychological assessment tools, academic advising strategies, and how to support students in adapting to various challenges.

2. **Training Courses for Students:**

1. These courses cover a variety of topics, such as time management skills, exam preparation strategies, how to build professional relationships, and planning for academic and career futures.

3. **Training programs on remote counseling techniques:**

1. Training is provided on using e-counseling techniques and digital platforms such as the "Arshidni" platform, ensuring that both advisors and students can effectively use these tools.
4. **Mock Interviews and Recruitment:**
 1. These sessions aim to train students to successfully pass job interviews through simulation exercises that help them prepare and respond effectively to interview questions.

Mechanism for Implementing Training Programs

1. **Coordination with Colleges:**
 1. The Student Counseling and Guidance Department collaborates with various colleges to identify training needs based on the requirements of academic programs and student specializations.
2. **Partnerships with External Organizations:**

1. The department forms partnerships with external organizations and institutions to offer advanced workshops and training courses, enhancing the benefit for students and advisors from the experiences and expertise of specialized professionals.
3. **Continuous Evaluation and Development:**
 1. Training programs are regularly reviewed and evaluated to ensure their effectiveness. Feedback is collected from participants to ensure continuous improvement of the programs and to meet the ongoing needs of students and advisors.

How to Access Training Programs

4. **Registration through the University Portal:**
 1. Training programs and available workshops are announced through the university's online portal, where students and advisors can easily register to benefit from the programs.
5. **Regular Announcements:**
 1. Workshop schedules and course details are published through the university's official channels, including email and social media, to ensure that everyone has easy access to the information.

The Importance of Training in Enhancing the Counseling Experience

Training programs constitute an essential part of the Student Guidance and Counseling Management's strategy to achieve excellence in the services provided.

Through these programs, advisors can enhance their knowledge and utilize the latest counseling techniques, while students gain opportunities for learning and personal growth, preparing them for success in their academic and professional lives.

Coordination with Colleges

The Student Guidance and Counseling Department at Najran University strives to achieve the highest level of coordination with various university faculties to ensure the delivery of effective and consistent counseling services that align with students' needs and support their academic and personal goals. This coordination enhances communication between the department and the faculties, leading to improved service quality and ensuring its continuity.

Objectives of Coordination with Colleges

- 6. Ensuring Alignment of Counseling Services with Academic Specialization Needs:**
 1. Collaboration with colleges is carried out to develop counseling services tailored to the requirements of each academic specialization, supporting students in overcoming their specific academic and professional challenges.
- 7. Enhancing Continuous Communication Between the Department and Colleges:**

1. Regular coordination helps improve the flow of information between the department and the counseling units in the colleges, facilitating the exchange of ideas and updates that benefit students.
8. **Identifying Students' Needs Based on Specialization:**
 1. Communication with colleges is conducted to assess students' needs across various specializations and develop targeted counseling programs that effectively address these needs.
9. **Collaboration in Implementing Programs and Events:**
 1. The department collaborates with colleges to organize workshops and joint awareness events, enhancing student engagement with counseling activities and increasing their benefits.

Mechanisms of Coordination with Colleges

10. **Regular Coordination Meetings:**
 1. Monthly meetings are held between representatives of the Student Guidance and Counseling Department and the counseling units in the colleges to review current activities, discuss challenges, and develop joint solutions.

11. Periodic Reports:

1. The counseling units in the colleges prepare periodic reports outlining students' progress, their needs, and any challenges they face. These reports are used to determine appropriate support strategies and ensure that counseling services align with the university's overall goals.

12. Developing Collaborative Counseling Plans:

1. Collaboration with faculties is carried out to prepare annual counseling plans that consider the colleges' goals and specializations, while identifying priorities and appropriate tools to achieve them. These plans include organizing training programs and distributing responsibilities among academic advisors.

13. Collaborative Training Workshops and Conferences:

1. Workshops and training sessions are organized, involving academic advisors in colleges, to help standardize advising standards and ensure the delivery of consistent and effective services.

14. Exchange of Information and Updates:

1. Newsletters and updates are exchanged between the administration and colleges regarding new policies, updated advising tools, or changes in university programs. This helps ensure the administration's prompt adaptation to students' changing needs and the provision of innovative services.

Benefits of Coordination with Colleges

15. Achieving Service Integration:

1. Coordination enhances the integration of advising services and provides comprehensive support for students, contributing to the improvement of their academic and personal experiences.

16. Providing Tailored Advising for Each Major:

1. Through this collaboration, tailored advising programs can be offered to meet the specific needs of each college's students, ensuring appropriate guidance and support for their respective majors.

17. Enhancing the Administration's Response to Student Needs:

1. Through continuous coordination, the administration can quickly monitor student developments and needs, providing tailored services that align with these needs.

18. Improving the Learning Environment:

1. Coordination helps create a supportive learning environment, where academic advisors work alongside colleges to enhance students' adaptation to academic challenges.

Communication Between Administration and Colleges

- **Direct Communication:**

- Communication between administration representatives and academic advisors takes place through regular in-person meetings to ensure optimal coordination of efforts.

- **Using Digital Tools:**

- Electronic communication platforms and learning management systems are used to facilitate effective communication and the sharing of information and documents between the advising units in the colleges and the central administration.

- **Preparation and Distribution of Periodic Reports:**

- The administration prepares periodic reports that summarize achievements, challenges, and activities carried out, and distributes them to the colleges to ensure integrated follow-up of the work.

Through these mechanisms, the Student Counseling and Guidance Administration at Najran University contributes to fostering productive collaboration with the colleges, which in turn helps develop high-quality

advising programs that support students, enhance their university experience, and assist them in achieving their academic and personal goals.

Community Partnerships

The Student Counseling and Guidance Administration at Najran University aims to build strong community partnerships in the field of advising, contributing to the development of services provided to students and expanding the support offered by the academic community. These partnerships focus on

collaboration with community institutions and academic organizations to support students and improve the quality of their academic and personal lives.

Objectives of Community Partnerships

1. Enhancing Interaction with the Local Community:

1. Community partnerships aim to strengthen the connections between the university and the local community by providing advisory and awareness services that meet the needs of both students and the community.

2. Supporting Students in Developing Personal and Professional Skills:

1. Partnerships with local institutions provide students with opportunities to gain practical skills through training programs and volunteer activities that support their professional and personal development.

3. Facilitating Access to Additional Resources:

1. Through collaboration with local organizations, the administration can provide additional resources to offer comprehensive support to students in areas such as mental health, career counseling, and social guidance.

4. Community Awareness:

1. Partnerships contribute to raising community awareness about mental health issues and personal development, thereby enhancing the community's support for students outside the university campus.

Areas of Collaboration and Partnership

1. Mental Health:

1. Collaboration with local mental health centers and therapeutic institutions to provide specialized support and counseling services for students.

2. Professional Development:

1. Collaborating with local community organizations and businesses to provide training programs and workshops that help students acquire professional skills aligned with labor market needs.

3. Research and Development:

1. Collaboration with research centers both within and outside the university to conduct studies on issues related to student counseling and develop strategies based on scientific evidence.

4. Seminars and Conferences:

1. Organizing scientific events and conferences in partnership with academic institutions and specialized organizations to exchange knowledge and update advising methods based on recent research.

Community partnerships and scientific research contribute to providing comprehensive and innovative advising services that meet students' academic, psychological, and social needs, enhancing Najran University's role as an educational institution that cares about the quality of life of its students and works towards developing a sustainable and supportive learning environment.

Continuous Evaluation and Development

The Student Counseling and Guidance Administration at Najran University is committed to achieving the highest quality standards in the services it provides to students. Therefore, the administration relies on a comprehensive evaluation system to ensure the effectiveness of the advising programs offered, and continuously works on developing these programs in line with students' changing needs and current academic requirements.

Objectives of Continuous Evaluation and Development

- **Measuring the Effectiveness of Advising Services**
 - The services are periodically evaluated to ensure they achieve the set goals and meet students' needs.
- **Improving Service Quality:**
 - Regular evaluation helps identify the strengths and weaknesses of current programs, enabling the administration to make continuous improvements to ensure the delivery of high-quality advising services.
- **Adapting to Students' Changing Needs:**
 - Continuous development helps keep up with students' changing academic and personal needs by updating and adapting programs to meet these needs.
- **Emphasizing Professional Development for Advisors:**
 - Continuous evaluation supports the provision of training sessions and workshops to enhance advisors' skills and equip them with the latest methods and techniques in the field of advising.

Evaluation Mechanisms

1. Satisfaction Surveys:

1. Surveys are distributed to students benefiting from advising services to measure their satisfaction with the programs and services provided. These surveys help gather students' feedback and comments directly.

2. Periodic Reports:

1. The administration prepares periodic reports outlining the performance of the services provided and evaluating their achievement of the desired objectives. These reports include statistical data on the number of beneficiaries and details about the most effective programs.

3. Internal Quality Reviews:

1. Periodic internal reviews are conducted to evaluate the performance of advisors and the alignment of advising programs with established academic standards. These reviews contribute to improving the quality of advising and enhancing the performance of advisors.

4. Field Evaluation:

1. The administration conducts field visits to the colleges to interact with students and advisors, which helps gather direct feedback and enhances the effectiveness of improvements that can be implemented.

5. Feedback from Partners:

1. Feedback is gathered from community partners and faculty members to ensure that advising services are comprehensive and aligned with the needs of the academic community.

Continuous Improvement Mechanisms

1. Program Updates:

1. Based on the evaluation results, the administration works on periodically updating the advising programs to ensure they align with students' needs and the latest trends in education and advising.

2. Providing Ongoing Training for Advisors:

1. Workshops and training courses are organized for academic and psychological advisors to equip them with the latest skills in the field of advising, ensuring the provision of effective and tailored support for students.

3. Adapting to Modern Technology:

1. New technologies and digital tools are adopted to enhance the effectiveness of advising programs, such as updating the "Arshadni"

platform and expanding the scope of online advising services to increase accessibility to services.

4. **Collaboration with External Institutions:**

1. Partnerships are built with external organizations to adopt best practices in advising, enabling the provision of more effective and diverse services.

5. **Annual Review of Strategic Objectives:**

1. Strategic objectives are re-evaluated annually to ensure their alignment with the university's developments and students' needs. Necessary adjustments are made to maximize the benefits of available resources.

The Importance of Evaluation and Continuous Development

1. **Enhancing the Student Experience:**

1. Continuous evaluation contributes to a deeper understanding of students' needs and provides services that align with their expectations, thereby enhancing their university experience.

2. **Achieving Sustainability:**

1. Continuous development processes ensure that counseling services remain constantly evolving and responsive to new challenges, thereby achieving the sustainability of services in the long term.

3. Enhancing Efficiency and Effectiveness:

1. These mechanisms help in optimally directing human and material resources, thereby increasing the efficiency and effectiveness of services.

Through continuous evaluation and development, the Student Guidance and Counseling Department is committed to providing exceptional counseling services that meet students' needs and support their academic and personal development. This aligns with the vision of Najran University in achieving educational excellence and enhancing the quality of life for its students.

Important links:

Website of the Student Guidance and Counseling Administration

<https://www.nu.edu.sa/ar/web/university-guidance-and-guidance-department/home>

Workshop Resource Forms https://www.nu.edu.sa/ar/web/university-guidance-and-guidance-department/working-paper-bank
Consultation Request Forms https://www.nu.edu.sa/ar/web/university-guidance-and-guidance-department/forms
Website of the Mental Health Promotion Committee https://www.nu.edu.sa/ar/web/mental-health-promotion-committee Contact: mhpc@nu.edu.sa